What is the Wohlman Method?

It is the re-patterning of movements, posture, breathing and voice tones, combines with deep tissue body sculpting to free the body of pain and dis-ease and release the mind and soul.

Over the years, Gary Wohlman has refined the skills to teach people how to bring restricting automatic behaviours under voluntary control. What is involved is best understood as a three step process – which includes physical, emotional and creative release.

Unlike many bodywork modalities in which the client is a passive recipient, the Wohlman Method for the Whole Person establishes an interactive dialogue where therapist guides the client through:

- Movement, posture and therapeutic exercise
- Creative visualisation
- Breathwork
- Affirmations
- Re-patterning
- Psychodrama
- Neuro-linguistic programming
- Creative release techniques
- Emotional release techniques

all of which reinforce the physical release program and allow the client to replace old, undesirable traits with new positive health and vitality.

Does it work?

Amy Boleszny, Director of Studies of Sea Eagle Training was trapped inside a future of increasing pain and disability until Gary Wohlman freed her angel!

Learn this wonderful technique and your clients can enjoy a positive, healthy future!

What does the training involve?

The Wohlman Method for the Whole Person is taught through a combination of distance education and practical workshops. Gary travels the world to bring the training to the therapist and regular workshops are scheduled in key Australian locations as well as in Bali, New Zealand, Hawaii , Asia, Canada and the USA.

All training is competency-based and assessed against nationally recognised (accredited) standards. This is your guarantee of quality and portability.

Core Modules

These are based on the Core Competencies from the HLTO2 Health Training Package, guaranteeing that you can gain credit into and from any Australian qualification in which the Units of Competency appear. For simplicity, and your convenience, we have designed a correspondence program you can complete at your own pace:

- Introduction to Work in Complementary Health Practices
- Running a Practice
- Occupational Health and Safety (Level One)

You will also need to complete training in:

- Anatomy and physiology
- Senior First Aid

We offer these, as part of your training and you can also apply for recognition of prior learning if you have completed them previously.

Practitioner Training

Gary Wohlman delivers this through intensive workshops on three levels:

I: Physical Release
II: Emotional Release
III: Creative Release

In addition, students must complete a Learning Journal, using a study guide and assessment manual. Students will also complete an Unsupervised Practicum component, submitting client case histories for assessment.

Enrolments

Enrolments can be taken at any time, and you can complete the distance education work in any order.

You must purchase a copy of the Study Guide before commencing the practical workshops.

You may choose to leave the course at any time, and you will be issued with Statements of Completion for study components, Statement of Attendance for workshop components and/or Statements of Attainment as relevant, if not completing the full Certificate at that point.

Enrolments for the practical workshop intensive will be taken to coincide with Gary's published schedule, and for the location of your choice. The workshops are sequential, and all assessments will accrue towards the full qualification.

Issue of Qualifications

Statements of Completion or Attendance are training program specific and will earn you credits towards the full qualification.

Statements of Attainment are nationally recognised qualifications relating to the Units of Competency.

When you have attained all the Units of Competency in the program, you will be issued with a nationally recognised **Certificate IV in the Wohlman Method for the Whole Person.**

Who is Gary Wohlman?

Gary is to bodywork what Michelangelo was to art. He sculpts and enriches lives and assists the person to become whole and healed.

His internationally acclaimed method is now available for you to learn and add to your repertoire of healing and helping skills. For more information about the Certificate program, ask us for an information pack or visit Gary's web site *(see back)*.

Yes– send me an information pack!

Name: …….

Address:……..

……..

City:…….

State: ……. Code: ……...

Country: …….

Phone: ……

Fax: ……...

E-mail: ……...

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Certificate IV in the Wohlman Method for the Whole Person

"I saw the angel in the marble and I chiselled until I set it free"
Michelangelo

Gary Wohlman
in association with

THE HEALTH ARTS COLLEGE